

Beverly J. Paschal., M.A.
Licensed Marriage and Family Therapist
Board Certified in Emergency Crisis Response

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## **ACADEMIC EXPERIENCE**

- Present***                      *Dissertation in Progress: "Personality Traits of Paramedics That Enhance Long Term Employment"*
- 2002-Present***                *Candidate for DOCTORATE OF PHILOSOPHY, CLINICAL PSYCHOLOGY and ORGANIZATIONAL PSYCHOLOGY, Walden University, Minneapolis, MN*  
*Degree: Expected Date of Completion: 2009*
- 1991-1994***                    *MASTER OF ARTS, COUNSELING AND EDUCATIONAL PSYCHOLOGY - Marriage and Family Therapy*  
*University of Nevada, Reno, Reno, Nevada*  
*Degree: December 1994*
- 1979-1981***                    *BACHELOR OF SCIENCE- BEHAVIORAL SCIENCE*  
*University of La Verne, La Verne, California*  
*Degree: May 1981*
- 1972-1975***                    *ASSOCIATE DEGREE AND CERTIFICATE IN DENTAL HYGIENE*  
*Pasadena City College, Pasadena, California*  
*Degree: June 1975*

## QUALIFICATIONS

*I hold a Masters Degree in Counseling and Educational Psychology from the University of Nevada- Reno (1994). I am a Licensed Marriage and Family Therapist in the State of Nevada (#0705).*

*I am trained and certified in Interdisciplinary Collaborative Divorce as well as trained and certified in Mediation.*

*I am trained and certified in the Mitchell Model of Critical Incident Stress Management. I have worked significantly for many years with Acute Traumatic and Posttraumatic Stress in First Responders. I am extensively trained in working with Law Enforcement, Firefighters, Paramedics, Aeromedical Personnel, and Medical Examiners. I also work with Anxiety Disorders; Obsessive Compulsive Disorders; and Personality Disorders, as well as the usual psychological issues and disorders that present in the general population.*

*I have a private psychotherapy practice in Reno, Nevada. I have completed all of my course work for my PhD in Clinical Psychology, as well as Industrial & Organizational Psychology, and am currently writing my dissertation for completion of graduation requirements for my PhD.*

### **Other Qualifications:**

*Licensed Marriage and Family Therapist- State of Nevada (#0705)  
National Certified Counselor (NCC #37746)  
The American Academy of Experts in Traumatic Stress (#012483)  
Board Certified in Emergency Crisis Response  
The Association of Traumatic Stress Specialists Member (#3522)  
Certified Forensic Counselor Endorsement (#C19902)  
National Certification: Critical Incident Stress Management  
Surface To Air Response Team (START) - Mental Health Team Member  
Certified Diplomat in The American Psychotherapy Association (#1210)  
Certified Cognitive Behavioral Therapist- National Board of Cognitive Behavioral Therapist (#C19902)  
Sierra Nevada Regional Critical Incident Stress Management Team  
Mental Health Provider for Regional Emergency Medical Services Authority (REMSA), Regional Ambulance Services, Inc. (RASI) and Care Flight-  
EAP Provider and Crisis Response Team: Mental Health  
Mental Health Provider for Sierra Fire Protection District  
Provide Individual Therapy for Victims of Violent Crimes  
Certified in Collaborative Divorce Mediation- State of Nevada  
Certified in Mediation and Conflict Resolution  
Behavioral Crises Call Network- Respond for Bank Robberies, Suicides, and other critical incidents for local casinos and banks.*

## EXPERIENCE

### **2006-2008 State of Nevada Department of Child and Family Services**

*I completed my 2,000-hour pre-doctoral internship with the State of Nevada Department of Child and Family Services. I spent 25 hours each week at Children's Behavioral Services (Early Childhood) and Adolescent Residential Treatment Center.*

*During this time, I facilitated and co-facilitated early childhood groups for the following: Posttraumatic Stress, Early Childhood, Social Skills Group, and Early Childhood Development. I also facilitated and co-facilitated adolescent groups for the following: Skill Streaming, Anger Management, Social Skills, and Posttraumatic Stress.*

*I served as Case Manager, Individual and Family Therapist for adolescent inpatients and their families, as well as early childhood (3-7 yrs.) clients and their families. I performed assessments and evaluations for diagnosis; treatment planning and case presentation for adolescents and early childhood clients. I was responsible for planning and conducting individual, family, and group psychotherapy sessions. I was responsible for determining discharge plans and post-incident interventions.*

### **2005-2006 State of Nevada Department of Corrections: Pre-Doctoral Practicum Site**

*I worked 500 hours with the Department of Corrections. I spent half of my time working at Northern Nevada Correctional Center for men and half of my time working at Silver Springs Correctional Camp for women. During this time, I facilitated and co-facilitated groups for the following: posttraumatic stress disorder; sex offenders; substance abuse; eating disorders; anxiety and stress; child abuse offenders that resulted in severe bodily harm or death; and felony DUI resulting in death.*

*I taught the following 12-week classes: Substance Abuse I & II; Anger Management; Life Skills; and Street Readiness.*

*I have done inmate intakes; LSI-R assessments; WAIS-III; and MMPI-2's with the inmate populations.*

**1996- Private Psychotherapy Practice**

*Private Psychotherapy Practice specializing in Posttraumatic Stress, Acute Traumatic Stress, Anxiety Disorders, Personality Disorders, and Dissociative Identity Disorder. I also treat non-trauma patients in my private practice. I do critical incident response work with the Washoe County Sheriff's Office, as well as the Sierra Nevada Critical Incident Response Team. I do Independent Critical Incident work with Behavioral Health Management Network, as well as Crisis Care Network. I work with the Bureau of Land Management during Stage One Wildfires that involve a fatality or critical incident. I currently serve as a Mental Health Provider for the National Surface To Air Response Team, which responds when there is an aeromedical crash. I am the mental health provider for the Regional Ambulance Service Incorporated/ Regional Emergency Management Systems Authority (REMSA and CARE FLIGHT).*

**1994-1995 State of Nevada Marriage and Family Therapist Intern**

*Evaluated; diagnosed; determined treatment plans; and presented case management plans for patients in various outpatient counseling environments. Provided individual, family and group therapy for patients in the outpatient counseling clinics. Provided psychotherapy services to private patients in my intern practice.*

**1994-1995 Marriage and Family Therapist Intern at West Hills Psychiatric Hospital**

*Served as Case Manager and Individual and Family Therapist for inpatients. Evaluated for diagnosis; treatment planning and case presentation for adults; adolescents; and pediatrics. Planned and conducted individual; family; and group psychotherapy sessions. Determined discharge plans and post-incident interventions.*

**1991-1994 Graduate Student- Student Intern in Masters Program at University of Nevada- Reno**

*Evaluated; diagnosed; determined treatment plans; and presented case management plans for patients in the outpatient counseling clinic. Provided individual, family and group therapy for patients in the outpatient-counseling clinic.*

**1973-1994 Registered Dental Hygienist**

## **PRESENTATIONS**

Sixth International World Congress- International Critical Incident Stress Foundation  
Suicide-By-Cop: P.O.S.T.- Peace Officer's Standards & Training Academy  
Critical Incident Stress Management: Washoe County Sheriff's Office  
Stress Management for Law Enforcement Personnel: Washoe County Sheriff's Office  
Critical Incident Stress Management for Emergency Responders:  
State of Nevada Highway Patrol Academy  
Washoe County Sheriff's Office  
Washoe County Law Enforcement Academy  
Law Enforcement Spouses Academy  
Washoe County Fire Fighter's Academy  
Reno Fire Department Spouses Academy  
No. Calif. Loss Prevention for Nine Counties of Sheriff's Departments  
Critical Incident Stress for Search and Rescue Personnel:  
L.A.S.T. Conference (National Search and Rescue)  
Washoe Country Sheriff Search and Rescue Academy  
Douglas County Search and Rescue Unit  
Department of Emergency Management- State of Nevada  
Suicide In The Physician's Family: Northern Nevada Physician's Association  
Suicide In Today's Youth: Northern Nevada Dental Hygienist's Association  
Alcohol Abuse in Law Enforcement

## **AFFILIATIONS**

International Association for Marriage and Family Counselors  
American Association for Marriage and Family Therapists  
Nevada Association for Marriage and Family Therapists  
American Association of Suicidology  
Collaborative Professionals of Nevada  
International Academy of Collaborative Professionals  
Anxiety Disorders Association of America  
American Academy of Experts in Traumatic Stress  
International Critical Incident Stress Foundation Clinical Member  
Sierra Nevada Critical Incident Stress Management and Victim Advocacy Network  
National Association of Certified Counselors  
American Counseling Association  
Obsessive Compulsive Disorder Foundation  
National Association of Cognitive Behavioral Therapist  
American Association of Anxiety Disorders  
National START Team- 'Surface To Air Response Team'- Mental Health Critical Incident Provider  
Stage One Federal Fire Response Team- Mental Health Critical Incident Provider  
Bureau of Land Management Fire Response Team- Mental Health Provider  
Sierra Fire Protection Agency- Mental Health Critical Incident Provider & Advisor

## **COMMENDATIONS**

Sheriff's Star - April 1999

Letter of Commendation from Washoe County Sheriff's Office - June 2002

Letter of Commendation from CAMES Accreditation Committee through REMSA-  
2004 & 2008

Psi Chi Honor Society

**BJP**  
06/2009

Paschal, Beverly